# CHIROPRACTIC REGISTRATION AND HISTORY

# PATIENT INFORMATION

Patient Name	Employer / School
Last Name	Occupation
First Name Middle Initial	Employer / School Address
Address	
City	Employer / School Phone ()
State Zip	Spouse's Name
Cell Phone ()	Spouse's Employer
Home Phone ()	IN CASE OF EMERGENCY, CONTACT
E-mail	Name Relationship
Sex D M D F Age Birthdate	Home Phone () Work Phone ()
Married     Widowed     Single     Minor	
Separated Divorced Partnered for years	Whom may we thank for referring you?

## **PATIENT CONDITION**

Reason for Visit: 🛛 Spinal and Nervous System Check-up								
Other:								
If there is a symptom, when did your symptom appear?								
Is this condition getting progressively worse?  Yes No Unknown								
Mark an X on the picture where you continue to have pain, numbness, or tingling:								
Rate the severity of your pain on a scale of 1 (least pain) to 10 (severe pain)								
Type of pain: Sharp Dull Throbbing Numbness Aching Shooting								
Burning Tingling Cramps Stiffness Swelling Other								
How often do you have this pain?								
Is it constant or does it come and go?								
Does it interfere with your 🗅 Work 🗅 Sleep 🗅 Daily Routine 🗅 Recreation								
Activities or movements that are painful to perform: 🛛 Sitting 🗅 Standing 🖵 Walking 🗅 Bending 🗅 Laying Down								
INSURANCE INFORMATION								
Insurance Co Is this consultation due to an accident?  No Yes								

ID # \_

#### ASSIGNMENT AND RELEASE

I understand that I may receive a statement of services received and paid for to submit to my insurance company. I understand that I am financially responsible for all charges whether or not paid by insurance.

Signature of Patient, Parent, Guardian or Personal Representative

Please print name of Patient, Parent, Guardian or Personal Representative

Date

Relationship to Patient

Is this consultation due to an accident? 
No Yes
If so, what was the date of Accident:

To whom have you made a report of your accident?

#### Claim number:

Auto Insurance	Employer 🗅	Worker Comp. 🛛	Other

Attorney Name (if applicable) \_\_\_\_

Address

Phone \_\_\_\_

5 HEAL	TH	HIST	'ORY	÷								
What health care has	ve you a	Iready rec	eived for your cor	ndition?								
Chiropractic Car	re (Dr			Date	)		Surgery (Dr.			Date		)
Medications (Dr	r			Date	)		Physical Therapy	(Dr.				
										Date		)
None							(					/
Place a mark on "Y	es" or "	No" to inc	dicate if you hav	e had any	of the fo	low	ing:					
AIDS/HIV	🗆 Yes	🗆 No	Chicken Pox	Yes	🗆 No	Li	ver Disease	🗆 Yes	🛛 No	Rheumatoid Arthritis	🗆 Yes	🗆 No
Alcoholism	Yes	🗆 No	Diabetes	Yes	No	M	leasles	Yes	🛛 No	Rheumatic Fever	Yes	🗆 No
Allergy Shots	Yes	🗆 No	Emphysema	Yes	No	M	ligraine Headaches	Yes	No	Scarlet Fever	Yes	🗆 No
Anemia	Yes	🗆 No	Epilepsy	Yes	🗆 No	M	liscarriage	Yes	🗆 No	Stroke	Yes	🗆 No
Anorexia	Yes	🗆 No	Fractures	Yes	🗆 No	Μ	lononucleosis	Yes	🗆 No	Suicide Attempt	Yes	🗆 No
Appendicitis	Yes	🗆 No	Glaucoma	Yes	🗆 No	M	lultiple Sclerosis	Yes	🗆 No	Thyroid Problems	Yes	🗆 No
Arthritis	Yes	🗆 No	Goiter	Yes	No	M	lumps	Yes	🗆 No	Tonsillitis	Yes	No No
Asthma	Yes	🗖 No	Gonorrhea	Yes	🗆 No	0	steoporosis	Yes	🛛 No	Tuberculosis	Yes	No No
Bleeding Disorders	🗆 Yes	🗆 No	Gout	Yes	🗆 No	Ρ	acemaker	Yes	🗆 No	Tumors, Growths	🗆 Yes	🗆 No
Breast Lump	Yes	🗆 No	Heart Disease	Yes	🗆 No	P	arkinson's Disease	Yes	🛛 No	Typhoid Fever	Yes	🗆 No
Bronchitis	🛛 Yes	🗆 No	Hepatitis	Yes	🗆 No	Ρ	inched Nerve	Yes	🗆 No	Ulcers	Yes	No No
Bulimia	Yes	🛛 No	Hernia	Yes	🗆 No	Ρ	neumonia	Yes	🛛 No	Vaginal Infections	Yes	🛛 No
Cancer	Yes	🗆 No	Herniated Disk	Yes	🗆 No	Ρ	olio	🗆 Yes	🛛 No	Venereal Disease	Yes	🗆 No
Cataracts	Yes	🗆 No	Herpes	Yes	🗆 No	Ρ	rostrate Problem	Yes	No	Whooping Cough	Yes	🛛 No
Chemical			High Cholestero	I 🛛 Yes	🗆 No	Ρ	rosthesis	Yes	🗆 No	Other		
Dependancy	Yes	🗆 No	Kidney Disease	Yes	🗆 No	Ρ	sychiatric Care	Yes	🗆 No			
EXERCISE			WORK ACT	IVITY			HABITS		Pack	ks/Day		
Moderate			Standing				Alcohol		Drin	ks/Week		
Daily			Light Labo	or			Coffee/Caffe	eine Drii	nks Cup	s/Day		
Heavy			Heavy Lat	oor			High Stress	Level	Rea	son		
PREGNANCY Are you currently pregnant?  No Yes, and I am due												
Number of past pre	gnancies	6										
				d #2			Child #3		Child	#4		
Injuries/Surgeries you have had: Description Date												
Falls												
Head Inju	iries											
Broken B												
Dislocatio	ons											
Surgeries	6						A					
MEDICATIONS ALLERGIES SUPPLEMENTS												
<u> </u>	ICAJ	IUNS	,		ALL	CK	GIE3			SUPPLEM		3

Mariah's	Family	y Chiro	practic
TERM	S OF AC	CEPTAN	CE

When a patient seeks chiropractic health care and we accept a patient for such care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is important that each patient understand both the objective and the method that will be used to attain it. This will prevent any confusion or disappointment.

Adjustment: An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments of the spine.

Health: A state of optimal physical, mental and social well being, not merely the absence of infirmity.

Vertebral Subluxation: A misalignment of one or more of the 24 vertebra in the spinal column which causes alteration of nerve function and interference to the transmission of mental impulses, resulting in a lessening of the body's innate ability to express its maximum health potential.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal examination, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area.

Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxation.

I have read and fully understand the above statements. All questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

#### Signature

#### Patient Health Information Consent Form

Date

Date

We want you to know how your Patient Health Information (PHI) is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of our policies and procedures concerning the privacy of your Patient Health Information we encourage you to read the HIPAA NOTICE that is available to you at the front desk before signing this consent.

- The patient understands and agrees to allow this chiropractic office to use their Patient Health Information (PHI) for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
- The patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to
  know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those
  restrictions.
- 3. A patient's written consent need only be obtained one time for all subsequent care given the patient in this office.
- 4. The patient may provide a written request to revoke consent at any time during care. This would not affect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
- 5. For your security and right to privacy, all staff has been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.
- 6. Patients have the right to file a formal complaint with our privacy official about any possible violations of these policies and procedures.
- 7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, our office has the right to refuse to give care.
- I have read and understand how my Patient Health Information will be used and I agree to these policies and procedures.

#### Signature

#### X-ray Release

This is to certify that the Drs. of Mariah's Family Chiropractic have my permission to perform an X-ray evaluation. To the best of my knowledge I am not pregnant and I have been advised that x-ray can be hazardous to an unborn child. Date of last menstrual period:

#### Signature

#### Consent to Care for Minor

I authorize the Drs. of Mariah's Family Chiropractic and whomever they may designate as her assistant to administer care as she so deeds necessary to my son/daughter.

#### Signature

#### **Insurance**

I understand that health and accident insurance policies are an arrangement between an insurance carrier and me. I understand that Mariah's Family Chiropractic will prepare any necessary reports and forms to assist me in making collection from the insurance company and that any amount authorized to be paid directly to Mariah's Family Chiropractic will be credited to my account on receipt. Your insurance company will only pay for services that they determine are medically necessary. I understand that some or all services provided for me might not be covered by my contract benefits. I understand that all services rendered me are charged directly to me and I am personally responsible for payment. I understand that if I suspend or terminate my care, any fees for services rendered me will be immediately due and payable.

Signature

Relationship to Patient

Date

Date

Date

# **Cancellation/Missed Appointment Policy**

Our goal is to provide quality medical care in a timely manner. In order to do so, we have had to implement an appointment/cancellation policy. This policy enables us to better utilize available appointments for our patients in severe pain needing immediate care.

# **Cancellation of an Appointment:**

In order to be respectful of the medical needs of other patients, please be courteous and call the office promptly if you are unable to attend an appointment. This time will be reallocated to someone who is in urgent need of treatment. If it is necessary to cancel your scheduled appointment, we require that you call at least 24 hours in advance. Calling early in the day is appreciated. Appointments are in high demand, and your early cancellation will give another person the possibility to have access to timely medical care.

# How to Cancel Your Appointment:

To cancel appointments, please call 1-319-246-1759. If you do not reach the receptionist you may leave a detailed message on the voice mail. If you would like to reschedule your appointment, please be sure to leave us your phone number and let us know the best time to return your call.

I understand this Cancellation/ Missed Appointment Policy

Patient Signature

Signature Date

Printed Patient Name

#### **B.** Patient Name:

C. Identification Number:

# Advance Beneficiary Notice of Noncoverage (ABN)

**<u>NOTE</u>**: If Medicare doesn't pay for **D services** below, you may have to pay.

Medicare does not pay for everything, even some care that you or your health care provider have good reason to think you need. We expect Medicare may not pay for the **D services** below.

D. Services	E. Reason Medicare May Not Pay:	F. Estimated Cost
Manual Manipulation of the Spine (Chiropractic Adjustment)	Medicare NEVER pays for maintenance care.	\$40
Exam X-ray Vitamins/supports/supplies	These services are NON-COVERED item/services under Medicare when ordered or delivered by a Chiropractic Physician.	\$55-90 \$100 \$1 - 250

## WHAT YOU NEED TO DO NOW:

- Read this notice, so you can make an informed decision about your care.
- Ask us any questions that you may have after you finish reading.
- Choose an option below about whether to receive the **D. Services** listed above.
   **Note:** If you choose Option 1 or 2, we may help you to use any other insurance that you might have, but Medicare cannot require us to do this.

## **G. OPTIONS:** Check only one box. We cannot choose a box for you.

□ OPTION 1. I want the D.listed above. You may ask to be paid now, but I also want Medicare billed for an official decision on payment, which is sent to me on a Medicare Summary Notice (MSN). I understand that if Medicare doesn't pay, I am responsible for payment, but I can appeal to Medicare by following the directions on the MSN. If Medicare does pay, you will refund any payments I made to you, less co-pays or deductibles.

□ **OPTION 2.** I want the **D.** Services listed above, but do not bill Medicare. You may ask to be paid now as I am responsible for payment. **I cannot appeal if Medicare is not billed**.

OPTION 3. I don't want the **D**. Services above. I understand with this choice I

am not responsible for payment, and I cannot appeal to see if Medicare would pay.

## H. Additional Information:

**This notice gives our opinion, not an official Medicare decision.** If you have other questions on this notice or Medicare billing, call **1-800-MEDICARE** (1-800-633-4227/**TTY:** 1-877-486-2048). Signing below means that you have received and understand this notice. You also receive a copy.

#### I. Signature:

J. Date:

According to the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number. The valid OMB control number for this information collection is 0938-0566. The time required to complete this information collection is estimated to average 7 minutes per response, including the time to review instructions, search existing data resources, gather the data needed, and complete and review the information collection. If you have comments concerning the accuracy of the time estimate or suggestions for improving this form, please write to: CMS, 7500 Security Boulevard, Attn: PRA Reports Clearance Officer, Baltimore, Maryland 21244-1850.

Form CMS-R-131 (03/11)

#### Patient Name

ACN Group, Inc. Use Only rev 3/27/2003

Date \_

This questionnaire will give your provider information about how your neck condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

#### Pain Intensity

- ① I have no pain at the moment.
- O The pain is very mild at the moment.
- ② The pain comes and goes and is moderate.
- 3 The pain is fairly severe at the moment.
- ④ The pain is very severe at the moment.
- (5) The pain is the worst imaginable at the moment.

#### Sleeping

- ① I have no trouble sleeping.
- My sleep is slightly disturbed (less than 1 hour sleepless).
- ② My sleep is mildly disturbed (1-2 hours sleepless).
- ③ My sleep is moderately disturbed (2-3 hours sleepless).
- ④ My sleep is greatly disturbed (3-5 hours sleepless).
- (5) My sleep is completely disturbed (5-7 hours sleepless).

## Reading

- ① I can read as much as I want with no neck pain.
- ① I can read as much as I want with slight neck pain.
- ② I can read as much as I want with moderate neck pain.
- ③ I cannot read as much as I want because of moderate neck pain.
- ④ I can hardly read at all because of severe neck pain.
- ⑤ I cannot read at all because of neck pain.

## Concentration

- 1 can concentrate fully when I want with no difficulty.
- ① I can concentrate fully when I want with slight difficulty.
- ② I have a fair degree of difficulty concentrating when I want.
- ③ I have a lot of difficulty concentrating when I want.
- (4) I have a great deal of difficulty concentrating when I want.
- (5) I cannot concentrate at all.

# Work

- I can do as much work as I want.
- ① I can only do my usual work but no more.
- 2 I can only do most of my usual work but no more.
- ③ I cannot do my usual work.
- I can hardly do any work at all.
- ⑤ I cannot do any work at all.

#### Personal Care

- ① I can look after myself normally without causing extra pain.
- ① I can look after myself normally but it causes extra pain.
- ② It is painful to look after myself and I am slow and careful.
- ③ I need some help but I manage most of my personal care.
- ④ I need help every day in most aspects of self care.
- (5) I do not get dressed, I wash with difficulty and stay in bed.

# Lifting

- I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- ② Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ④ I can only lift very light weights.
- ⑤ I cannot lift or carry anything at all.

# Driving

- I can drive my car without any neck pain.
- ① I can drive my car as long as I want with slight neck pain.
- ② I can drive my car as long as I want with moderate neck pain.
- ③ I cannot drive my car as long as I want because of moderate neck pain.
- ④ I can hardly drive at all because of severe neck pain.
- ⑤ I cannot drive my car at all because of neck pain.

## Recreation

- I am able to engage in all my recreation activities without neck pain.
- ${f I}$  I am able to engage in all my usual recreation activities with some neck pain.
- ② I am able to engage in most but not all my usual recreation activities because of neck pain.
- 3 I am only able to engage in a few of my usual recreation activities because of neck pain.
- I can hardly do any recreation activities because of neck pain.
- ⑤ I cannot do any recreation activities at all.

## Headaches

- I have no headaches at all.
- ① I have slight headaches which come infrequently.
- ② I have moderate headaches which come infrequently.
- ③ I have moderate headaches which come frequently.
- $\textcircled{\begin{tabular}{ll} \end{tabular}}$  I have severe headaches which come frequently.
- I have headaches almost all the time.

Neck Index Score

#### Patient Name

ACN Group, Inc. Use Only rev 3/27/2003

Date .

This questionnaire will give your provider information about how your back condition affects your everyday life. Please answer every section by marking the one statement that applies to you. If two or more statements in one section apply, please mark the one statement that most closely describes your problem.

#### Pain Intensity

- ① The pain comes and goes and is very mild.
- ① The pain is mild and does not vary much.
- ② The pain comes and goes and is moderate.
- ③ The pain is moderate and does not vary much.
- ④ The pain comes and goes and is very severe.
- (5) The pain is very severe and does not vary much.

## Sleeping

- I get no pain in bed.
- ① I get pain in bed but it does not prevent me from sleeping well.
- ② Because of pain my normal sleep is reduced by less than 25%.
- ③ Because of pain my normal sleep is reduced by less than 50%.
- ④ Because of pain my normal sleep is reduced by less than 75%.
- 5 Pain prevents me from sleeping at all.

## Sitting

- ① I can sit in any chair as long as I like.
- ① I can only sit in my favorite chair as long as I like.
- ② Pain prevents me from sitting more than 1 hour.
- ③ Pain prevents me from sitting more than 1/2 hour.
- Pain prevents me from sitting more than 10 minutes.
- ⑤ I avoid sitting because it increases pain immediately.

# Standing

- I can stand as long as I want without pain.
- ① I have some pain while standing but it does not increase with time.
- ② I cannot stand for longer than 1 hour without increasing pain.
- ③ I cannot stand for longer than 1/2 hour without increasing pain.
- (4) I cannot stand for longer than 10 minutes without increasing pain.
- ⑤ I avoid standing because it increases pain immediately.

# Walking

- I have no pain while walking.
- ① I have some pain while walking but it doesn't increase with distance.
- ② I cannot walk more than 1 mile without increasing pain.
- ③ I cannot walk more than 1/2 mile without increasing pain.
- I cannot walk more than 1/4 mile without increasing pain.
- **⑤** I cannot walk at all without increasing pain.

#### **Personal Care**

- ① I do not have to change my way of washing or dressing in order to avoid pain.
- ① I do not normally change my way of washing or dressing even though it causes some pain.
- 2 Washing and dressing increases the pain but I manage not to change my way of doing it.
- ③ Washing and dressing increases the pain and I find it necessary to change my way of doing it.
- ④ Because of the pain I am unable to do some washing and dressing without help.
- (5) Because of the pain I am unable to do any washing and dressing without help.

## Lifting

- ① I can lift heavy weights without extra pain.
- ① I can lift heavy weights but it causes extra pain.
- 2 Pain prevents me from lifting heavy weights off the floor.
- ③ Pain prevents me from lifting heavy weights off the floor, but I can manage if they are conveniently positioned (e.g., on a table).
- Pain prevents me from lifting heavy weights off the floor, but I can manage light to medium weights if they are conveniently positioned.
- ⑤ I can only lift very light weights.

# Traveling

- **(D)** I get no pain while traveling.
- ${f 0}\,$  I get some pain while traveling but none of my usual forms of travel make it worse.
- 2 I get extra pain while traveling but it does not cause me to seek alternate forms of travel.
- ③ I get extra pain while traveling which causes me to seek alternate forms of travel.
- ④ Pain restricts all forms of travel except that done while lying down.
- (5) Pain restricts all forms of travel.

## Social Life

- My social life is normal and gives me no extra pain.
- ① My social life is normal but increases the degree of pain.
- ② Pain has no significant affect on my social life apart from limiting my more energetic interests (e.g., dancing, etc).
- ③ Pain has restricted my social life and I do not go out very often.
- ④ Pain has restricted my social life to my home.
- ⑤ I have hardly any social life because of the pain.

# Changing degree of pain

- **(D)** My pain is rapidly getting better.
- ① My pain fluctuates but overall is definitely getting better.
- ② My pain seems to be getting better but improvement is slow.
- ③ My pain is neither getting better or worse.
- My pain is gradually worsening.
- **(5)** My pain is rapidly worsening.

Back Index Score